



March 2006

Diocese of Miami and the Southeast Regional Newsletter

Hello All,
So it's that time again. ☺ I hope everyone's midterms are going well. Mine are finally finished! Such a nice feeling.

Not much going on in the world of NASB right now. We've planned our Spring meeting for March 31-April 2 in Boston! ☺ I'm super excited about that—have never been to Boston.

A lot of the information in this email is repeat from last time—lots of info about Summer Camps and of course our wonderful Parish Life conference. From what I understand, Real Break registration is all full—at least for the trips that fall on most of our spring breaks anyway.

I'm going to start a new section in this newsletter, a quote section. Seeing that Lent is approaching and this provides us a time to focus more on our spirituality and repentance, I figure adding a more spiritually focused section

definitely won't hurt. **I'm also thinking about sending out a quote of the day/week. Let me know if you want to be included on that email list** because I know that I get a lot of random email on my school address and I certainly don't want to add to the deluge in your inboxes daily. Guess that's about it for now, once again, please email me with thoughts, questions, concerns, whatever.

In Christ,
Beth Ann

Quote of the Month:

“One week before the Triodion enters into use, there is a Sunday Gospel reading which looks forward directly to the coming fast...describing how Zacchaeus climbed a tree beside the road

where Christ was to pass. In this reading we note Zacchaeus' sense of eager expectation, the intensity of his desire to see our Lord, and we apply this to ourselves. If, as we prepare for Lent, there is a real eagerness in our hearts, if we have an intense desire for a clearer vision of Christ, then our hopes will be fulfilled during the fast; indeed, we shall, like Zacchaeus, receive far more than we expect."

~Bishop Kallistos of Diokleis,
[The Meaning of the Great Fast](#)

UPCOMING EVENTS:

SUMMER CAMPS!

Visit www.campsthekla.com or www.antiochian.org/villagecamp or <http://www.campstraphael.org/> to download applications. I worked at Camp St. Thekla last summer and it was an absolutely amazing experience! Feel free to ask me ANY questions about it if you like. I'd love talking about it with you.

PARISH LIFE CONFERENCE!
So our Southeast conference will be in Atlanta again this year. The dates are June 14-18, 2006.

Websites worth looking at:
www.ocf.net
www.antiochian.org/college

Other NASB Representatives and Their Contact Information:

Fr. Michael Nasser-Spiritual Advisor
Email: college@antiochian.org

Kathy Abraham-Lay Advisor
Email: Kathy@savoryfoods.com

Elaina Matook-Chairperson,
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Catherine Kishfy-Diocese of Ottawa, Eastern Canada, and Upstate New York
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Leigh Cohlmia-Diocese of Wichita and Mid-America
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What is the NASB?

The NASB stands for the North American Student Board that operates under the Archdiocese's Department of College Ministry. It is comprised of a college representative from each region, a lay advisor, Kathy Abraham, and spiritual advisor Fr. Michael Nasser. The NASB is not a group (like SOYO) but is a resource for Antiochian Orthodox college students. It is the NASB's mission to minister to all college-aged within our Antiochian Archdiocese. That means making you aware of programs, organizations, events, etc. that you can participate during your college years in order to stay involved in the church. As an extremely important ministry, the NASB is dedicated to making you aware of the many options you have during your college years.

The best way to reach me is via email or on my cell phone. My email address is bakerba@millsaps.edu and my cell phone number is 601-201-3588. Please contact me with any comments/questions/suggestions, etc. I'd love to hear from all of you! I'm really excited about getting to represent y'all. Best of luck to all this semester!

In Christ,

Beth Ann