



## February 2006

Diocese of Miami and the  
Southeast Regional Newsletter

### Me-Beth Ann Baker-Your Rep



Hey to all of you lovely college students of the Miami Diocese and the Southeast Region! I recently got to update my database of names, so a lot of y'all are getting this for the first time! ☺ WELCOME!! As a result, I'm going to take

some time to introduce myself and what the NASB is all about [refer to the section in ORANGE just below this].

I'm a sophomore at Millsaps College, majoring in chemistry, doing the whole pre-med thing. Born and raised in Jackson, MS.

Basically my job as your rep is to keep you informed about what's going on in the Archdiocese, what opportunities you have as Orthodox students to participate and remain involved in the church while we're all away at college.

You'll get these emails from me once a month, some of them with repeat information, but a lot of them with fun and new things [like this one!] so I hope you enjoy! ☺

Hope everyone started off the semester well!!

In Christ,  
Beth Ann

### **What is the NASB?**

The NASB stands for the North American Student Board that operates under the Archdiocese's Department of College Ministry. It is comprised of a college representative from each region, a lay advisor, Kathy Abraham, and spiritual advisor Fr. Michael Nasser. The NASB is not a group (like SOYO) but is a resource for Antiochian Orthodox college students. It is the NASB's mission to minister to all college-aged within our Antiochian Archdiocese. That means making you aware of programs, organizations, events, etc. that you can participate during your college years in order to stay involved in the church. As an extremely important ministry, the NASB is dedicated to making you aware of the many options you have during your college years.

### **UPCOMING EVENTS:**

#### **REAL BREAK!**

**So for those of you who don't know, Real Break is an OCF sponsored program that allows college students (you guys!) to use their spring break doing service work instead of the usual party stuff. From what I hear, it's an absolutely amazing experience for all involved. I'm planning on going to El Salvador (March 11-18—if that's your spring break**

**sign up and come with me!) and I know there are a ton of other great trips planned (to Greece, Project Mexico, Guatemala) plus some ones here in the States. You should definitely check out registration forms at [www.ocf.net](http://www.ocf.net).**

#### **SUMMER CAMPS!**

##### **Visit**

**[www.campstthekla.com](http://www.campstthekla.com) or [www.antiochian.org/village](http://www.antiochian.org/village) camp to download**

**applications. I worked at Camp St. Thekla last summer and it was an absolutely amazing experience! Feel free to ask me ANY questions about it if you like. I'd love talking about it with you.**

#### **PARISH LIFE CONFERENCE!**

**So our Southeast conference will be in Atlanta again this year. The dates are**

**Other NASB Representatives and Their Contact Information:**

**Fr. Michael Nasser-Spiritual Advisor**  
Email: [college@antiochian.org](mailto:college@antiochian.org)

**Kathy Abraham-Lay Advisor**  
Email: [Kathy@savoryfoods.com](mailto:Kathy@savoryfoods.com)

**Elaina Matook-Chairperson,  
Representative for Diocese of  
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**Catherine Kishfy-Diocese of Ottawa,  
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York**  
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**Joey/Joe Abdallah-Diocese of  
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Email: [abdallah04@aol.com](mailto:abdallah04@aol.com)

**Leigh Cohlma-Diocese of Wichita  
and Mid-America**  
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**Nich Shaheen-Diocese of Toledo and  
the Midwest**  
Email: [nicka3@gmail.com](mailto:nicka3@gmail.com)

**Elana Pappoff-Diocese of Los  
Angeles and the West**  
Email: [qtlana@sbcglobal.net](mailto:qtlana@sbcglobal.net)

The best way to reach me is via email or on my cell phone. My email address is [bakerba@millsaps.edu](mailto:bakerba@millsaps.edu) and my cell phone number is 601-201-3588. Please contact me with any comments/questions/suggestions, etc. I'd love to hear from all of you! I'm really excited about getting to represent y'all. Best of luck to all this semester!

In Christ,

Beth Ann



**The NASB at our fall meeting in  
D.C.**

**Spring meeting is coming up in  
March, this time in Boston.**