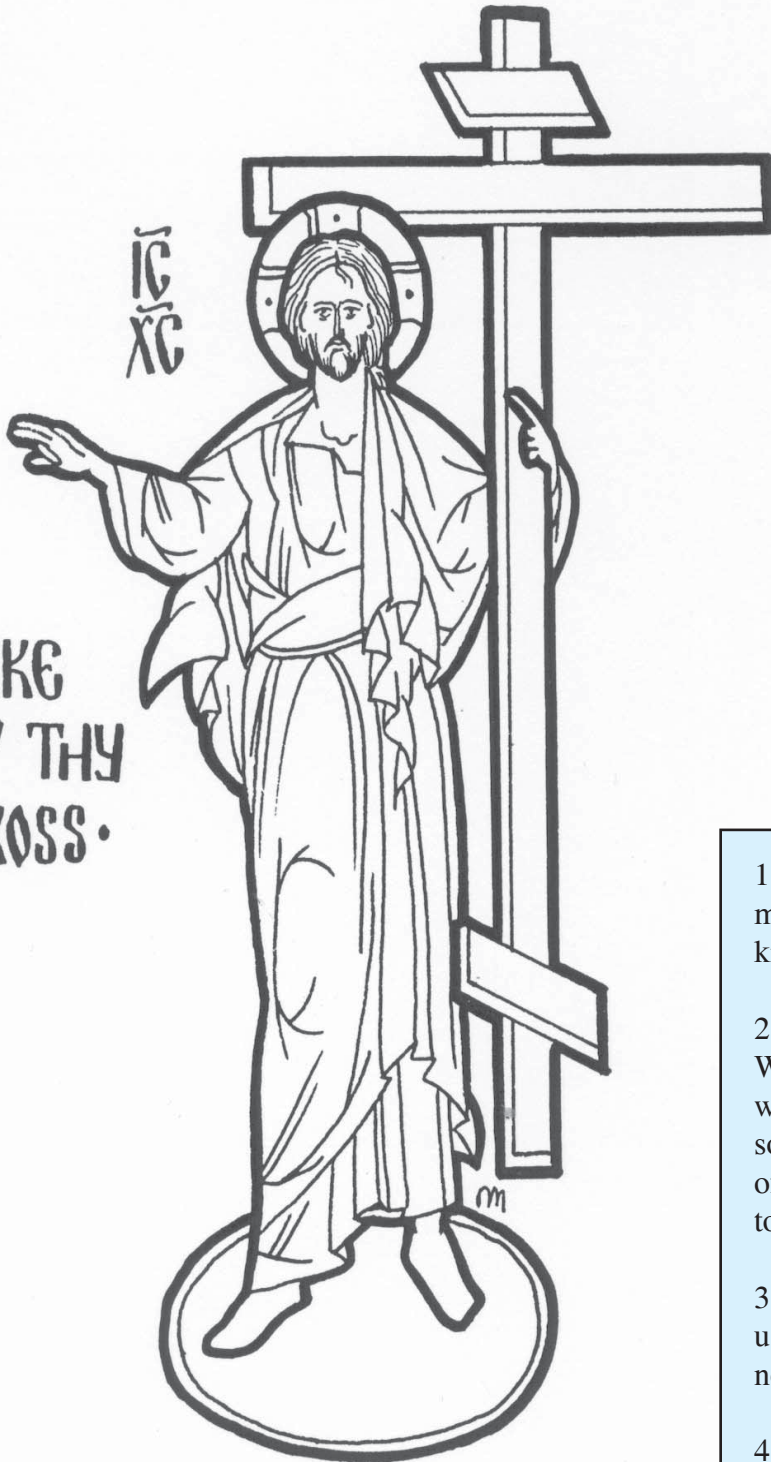


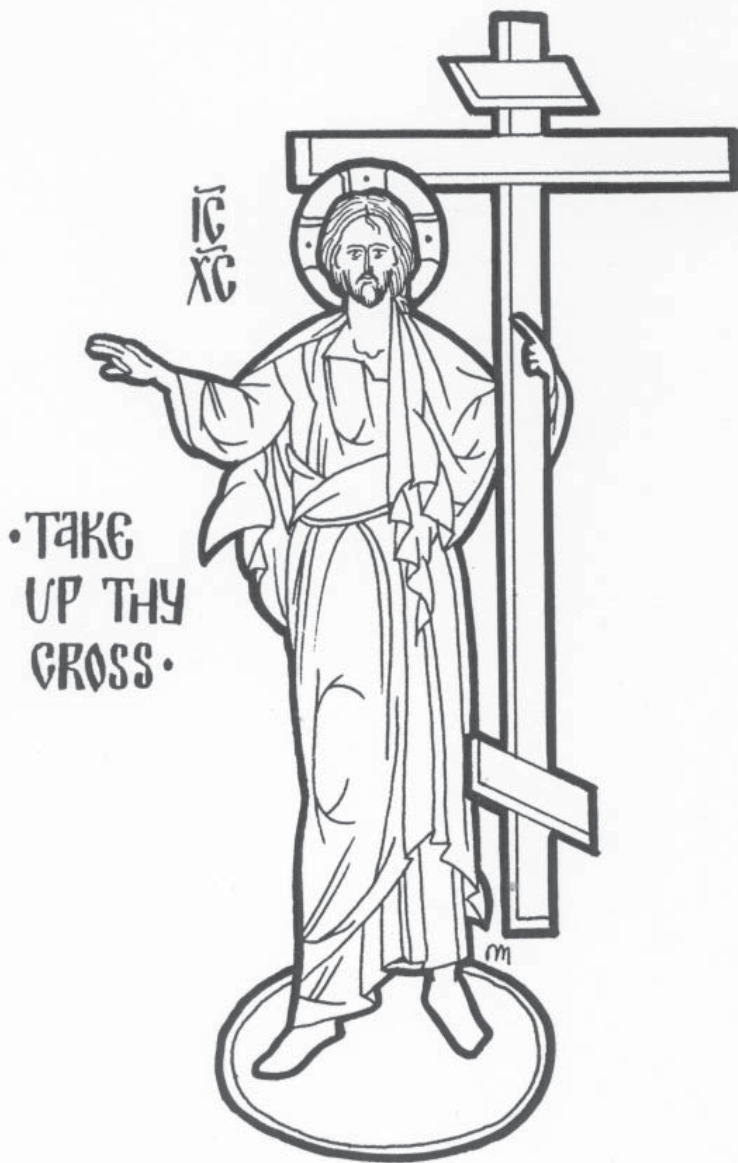
***The Lord said,***

if you believe in me, follow everything I have taught you. What I have taught you is to be kind instead of mean. This isn't easy. You will find that some people do not like you because you are a good person, and because you are kind even to those who are not kind to you. I have also taught you to serve one another. You will find that it is difficult to do this because you must think about what others want, first. You must not be selfish. When you follow me, you will learn that it isn't easy. It is like carrying the cross. But, whenever you are following me, I will be with you to help you. And one day you will be with me in heaven because you followed me.

• TAKE  
UP THY  
CROSS •



1. Jesus taught us that instead of being mean, we should be kind. What is one kind thing you have done?
2. Jesus taught us we must serve others. When a friend comes to play at our house, we can serve them by letting them make some choices about what to do. We can offer them our toys to play with. Is it easy to share?
3. When it is hard to do what Jesus wants us to, we can say a prayer, "Jesus, help me now." Then we need to do the right thing.
4. Jesus said it would not always be easy to follow him. What did He say it is like?
5. Where did Jesus say He would be when we follow Him?

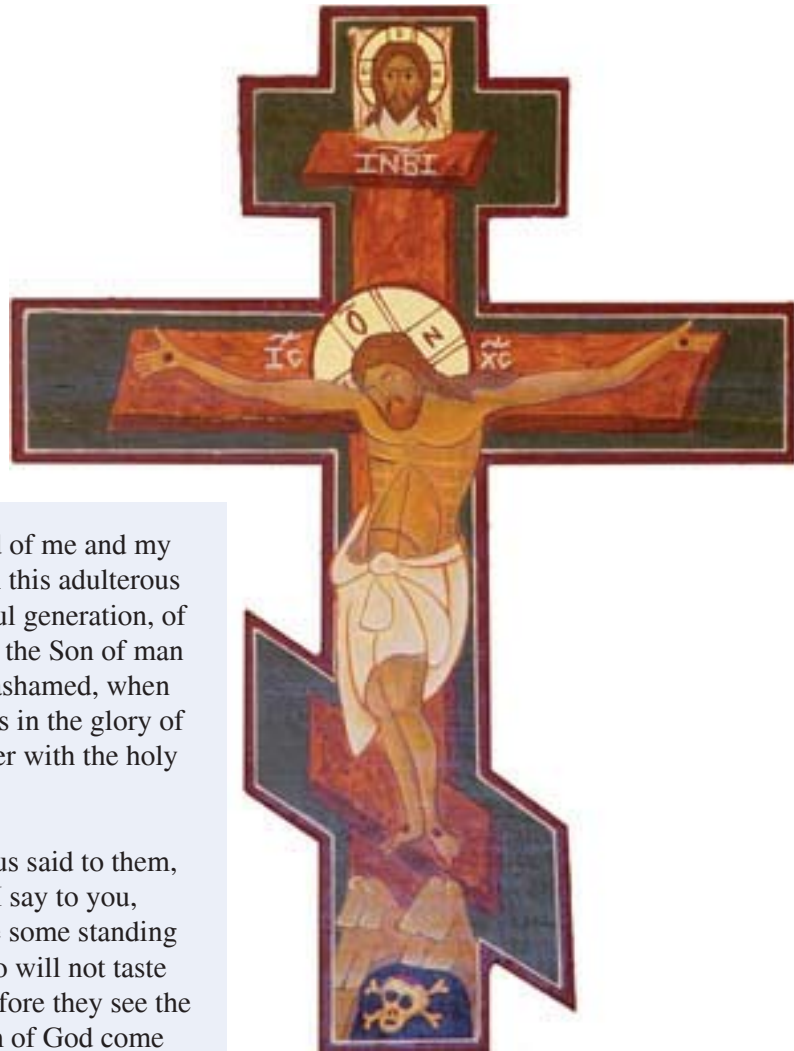


***The Lord said,*** if you believe in me, follow everything I have taught you. What I have taught you is to be kind instead of mean. This isn't easy. You will find that some people do not like you because you are a good person, and because you are kind even to those who are not kind to you.

I have also taught you to serve one another. You will find that it is difficult to do this because you must think about what others want, first. You must not be selfish.

When you follow me, you will learn that it isn't easy. It is like carrying the cross. But, whenever you are following me, I will be with you to help you. Always remember, one day you will be with me in heaven because you followed me.

1. Jesus taught us that instead of being mean, we should be kind. What is one kind thing you have done?
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***The Lord said:***

“If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel’s will save it.

For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is

ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels.”

And Jesus said to them, “Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power.”

1. What does Jesus say a person needs to do if she wants to follow Jesus?
2. Ask your dad: What does the word deny mean? How does the dictionary define that word? Was your dad right?
3. What does Jesus say a person should do after they deny themselves? What does your dad think that means? What do you think “take up your cross” means?

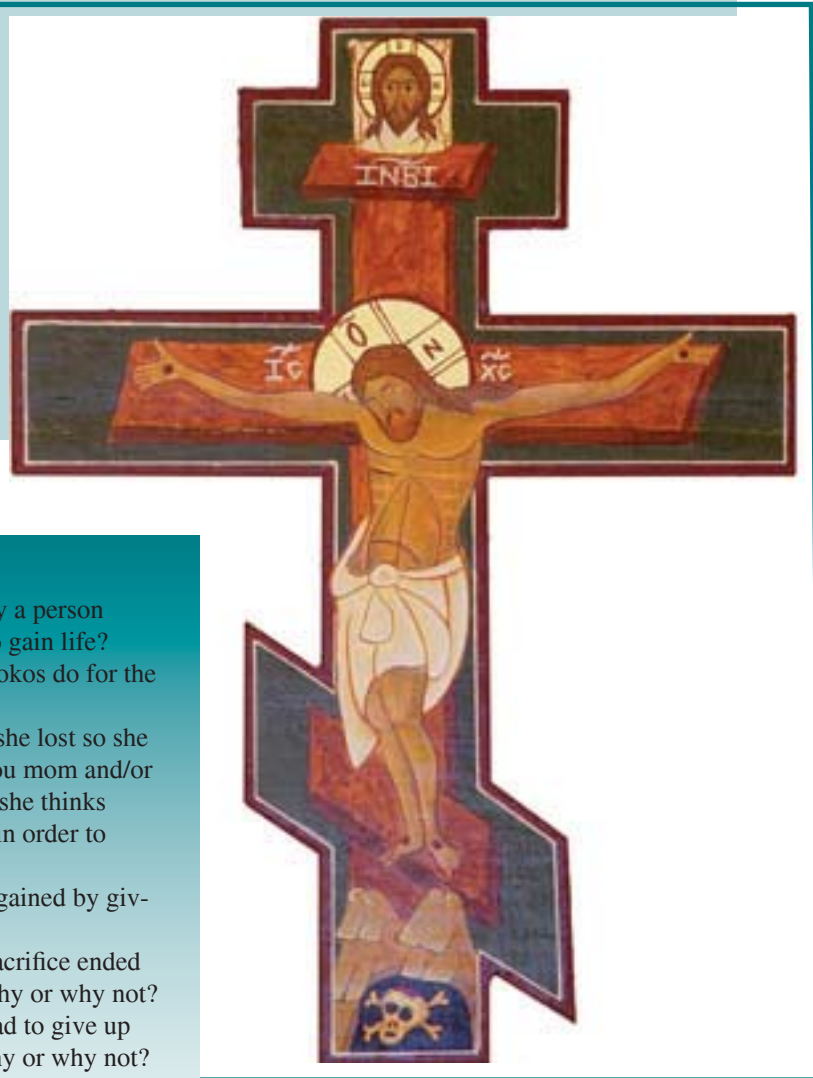
4. Why do you think Jesus asks people to deny themselves or put down one thing before they pick up their cross? Do you think a person can carry a cross if they are carrying other things?
5. What kinds of things do you think Jesus would ask us to put down in order to become his followers?
6. What do you think about doing that? Do you like that idea? Dislike it? Do you think it would be hard? Easy?

## *The Lord said:*

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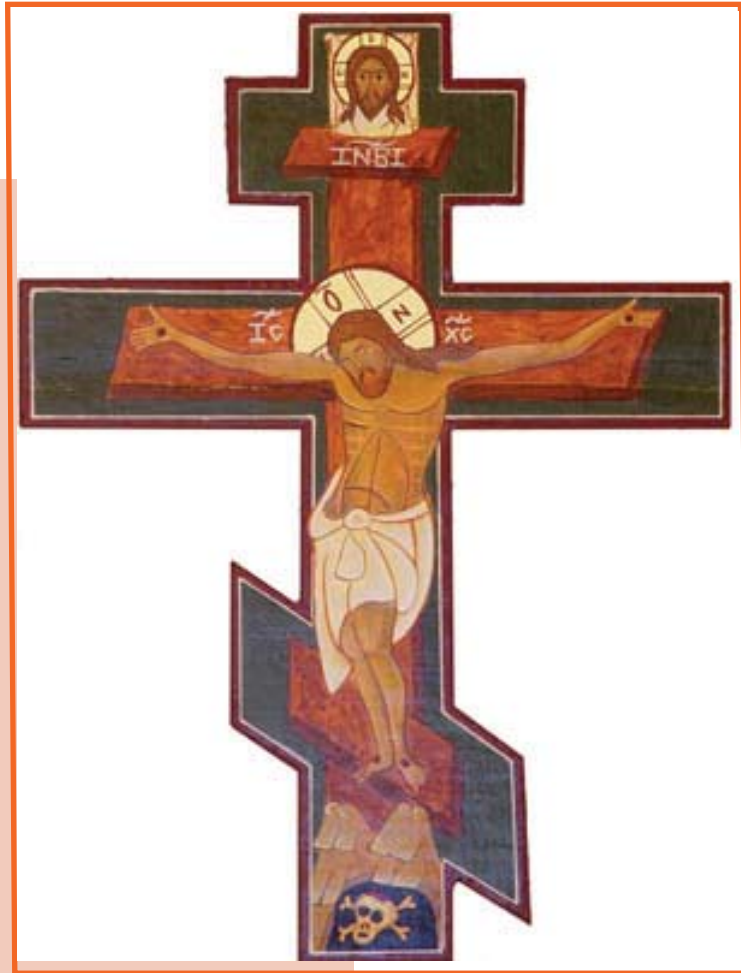
1. What does Jesus say a person needs to do in order to gain life?
2. What did the Theotokos do for the sake of the gospel?
3. What do you think she lost so she could do that? Ask you mom and/or your godmother what she thinks Mary could have lost in order to become Jesus' mom.
4. What do you think gained by giving up those things?
5. Do you think this sacrifice ended up giving her life? Why or why not?
6. Do you think she had to give up those things first? Why or why not?
7. What does this suggest about being a follower of Jesus?

### ***The Lord said:***

“If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel’s will save it.

For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels.”

And Jesus said to them,  
“Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power.”



1. What does Jesus say will be the result “for those who lose their life for my sake, and for the sake of the gospel?”
2. What did your patron saint do for the sake of the gospel?
3. What do you think your patron saint had to give up so he or she could do that?
4. Do you think your patron saint gained anything by doing that? If so, what? If not, why do you say that?
5. Do you think a person has to give up something in order to follow Jesus? Why or why not?
6. What do you think of this idea? What bothers you about it? What do you like about it?