



Antiochian Orthodox Christian Archdiocese of North America

The Department of College Ministry



Diocese of Worcester
Monthly Newsletter

www.antiochian.org/college

March 2006

Ready for summer? We certainly are!

Got plans this summer? Even if you do, be sure to fit in our diocese Parish Life Conference, which is at Lake Winnepisaukee, NH this year from June 22-25th ... there will be events SPECIFICALLY for you, the young adults of New England, including:

- 6:00-7:30pm Friday **Young Adult Dinner @ local restaurant**
- 12:00-3:00pm Saturday **Hiking, biking, and more in the White Mountains of New Hampshire!!!**

Plus other exciting events, including dinners, dances, and more! Keep an eye out for more details and how to register...

Upcoming Dates...mark your calendars!

- March 4th** 5:00pm **Footlamps Workshop** with Maggie Hock on grieving and loss following Vespers at St. George, Lawrence
- March 5th** **Forgiveness / Cheese Fare Sunday**
- March 6th** **Great Lent begins**
- March 25th** **Feast of the Annunciation of the Theotokos**
- April 8th** 9:00am **Spring Delegates Meeting** at St. George Cathedral, Worcester
5:00pm **Footlamps Workshop** with Dr. Philip Mamalakis on Parenting following Vespers at St. George Lowell
- April 16th** **Palm Sunday**
- April 23rd** **Pascha**
- June 22-25th** **Annual Parish Life Conference** at Lake Winnepisaukee, NH hosted by St. George West Roxbury

How to make...*Hummus!* A wonderful Lenten food...

Ingredients

1 can hummos

2 T tahini

2 T oil

1/3 c (6 T) lemon juice
or 1 fresh lemon

1 clove garlic

1 t salt

Drain half of water in can of homos (1/4 c).

Put homos with water in blender.

Add tahini, oil, lemon juice, garlic and salt.

Blend on chop, grind, blend and puree until smooth.

Season with salt and lemon to taste.

Have you found a parish?

If you are having trouble locating an Orthodox Church near you/your school, then you should check this out! Go to www.antiochian.org and click on *Find a Parish Near you* and just enter your zip code.

What is the NASB?

The *North American Student Board* operates under the Archdiocese's Department of College Ministry. It is comprised of a college representative from each region, a lay advisor, and spiritual advisor. The NASB is not a group, per se (i.e. SOYO) but is a resource for Antiochian Orthodox college students. It is the NASB's mission to minister to all college-aged within our Antiochian Archdiocese. That means making you aware of programs, organizations, events, etc. that you can participate during your college years in order to stay involved in the church. As an extremely important ministry, the NASB is dedicated to making you aware of the many options you have during your college years.

Meet the 2005-2006 NASB

Chairperson & Diocese of Worcester	Elaina Matook
Diocese of Ottawa	Catherine Kishfy
Diocese of Miami	Beth Ann Baker
Diocese of Oakland	Joey Abdalah
Diocese of Wichita	Leigh Cohlmia
Diocese of Toledo	Nick Shaheen
Diocese of L.A.	Elana Pappoff
Lay Advisor	Kathy Abraham
Spiritual Advisor	Fr. Michael Nasser

Know anyone not on the list?

Or have any Antiochian Orthodox siblings or friends you know who just entered college in September 2005? Send a message to

NERcollege@yahoo.com

with their name, year in college, and email

OR

go to www.antiochian.org/college and utilize our NEW, secure, online registration system...check it out!
