

First Antiphon of the Typics

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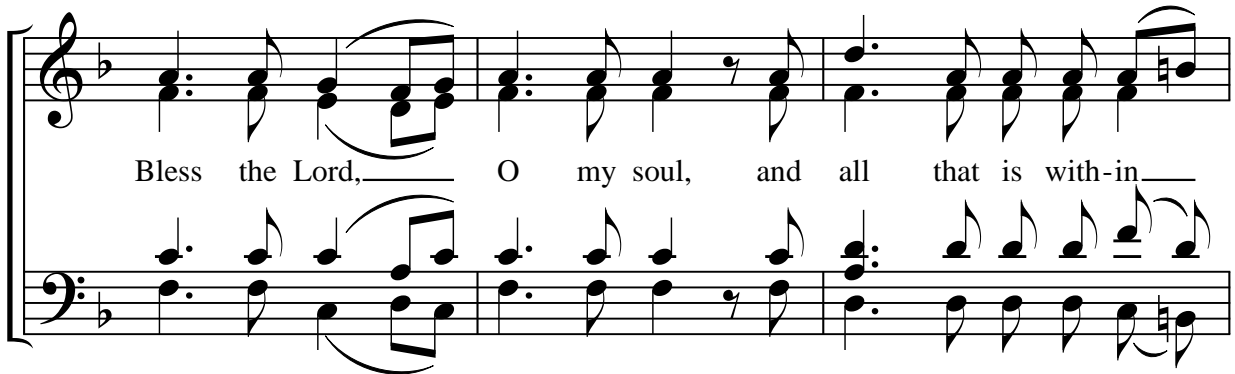
M. M. Ippolitov-Ivanov
(1859 - 1935)

Adapted into English by
Priest Michael G. H. Gelsinger
(1890 - 1980)

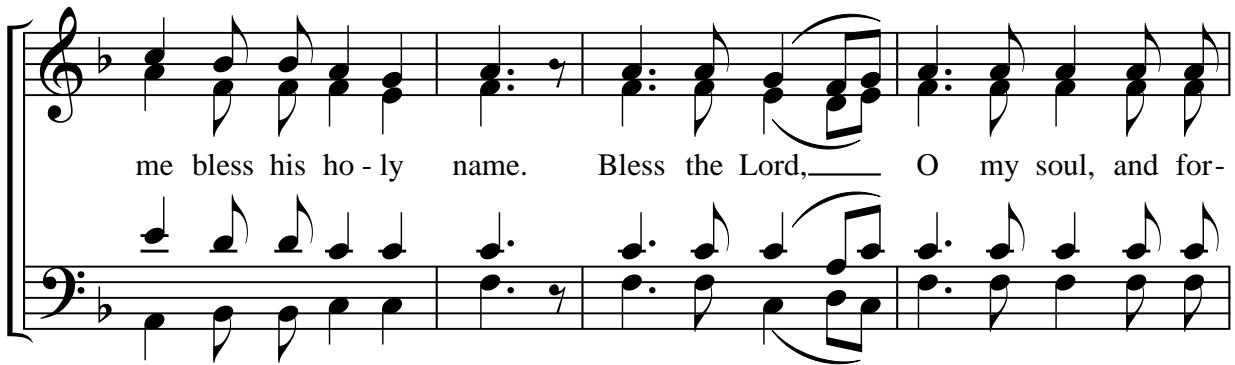
Psalm 103



Bless the Lord, O my soul. Bless-ed art thou, O Lord.



Bless the Lord, O my soul, and all that is with-in



me bless his ho-ly name. Bless the Lord, O my soul, and for-



get not all his prais-es, who for-giv-eth all thine in-iq-ui-ties, who

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First Antiphon of the Typics Ippolitov-Ivanov/Gelsinger

heal - eth all thy dis - eas - es, who re - deem - eth thy life from cor -

rup - tion, who crown - eth thee with lov - ing kind - ness and ten - der

mer - cies. Bless the Lord, O my soul, and all that is with-in

me bless his ho - ly name. Bless - ed art thou, O Lord.