

EVENING PRAYER



Icon of St. George and the Dragon

In the evening, we remember what we did during the day. Did we sin? Did we ask forgiveness, and make it right again? Now we ask forgiveness of God. We also pray for help to vanquish our spiritual enemies, like bad habits, or temptations to do the wrong thing. If we fear anyone, or anything, we ask God for help. We give ourselves to Jesus Christ.

O eternal God, King of all creation, Who have kept me safe to attain to this hour, forgive me the sins which I have committed this day in thought, word, and deed. And cleanse, O Lord, my humble soul from every stain of flesh and spirit. Grant me, O Lord, to pass this night in peace, to rise from my bed, and to please Your holy Name all the days of my life, and to vanquish the enemies, both corporeal and incorporeal, that contend against me. Deliver me, O Lord, from the vain thoughts that stain me, and from evil desires. For Thine is the Kingdom, and the power and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto ages of ages. Amen.

As you fall asleep, say

Into your hands O Lord Jesus Christ, I commend my spirit and body; bless me, save me, and grant me eternal life. Amen.

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