

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCES OF NORTH AMERICA**Department of Liturgics and Translations**

Liturgical Services for

Sunday, March 23, 2008**Second Sunday of Great Lent and the Commemoration of****St. Gregory of Palamas, Bishop of Thessalonica****TONE 2 Eothinon 2**

On this day, we commemorate: Venerable-martyr Nikon of Sicily and with him 199 disciples; Venerable-martyr Luke of St. Anne Skete on Athos

GREAT VESPERS

Priest: Blessed is our God always; now and ever, and unto ages of ages.

Choir: Amen.

O come, let us worship and fall down before God our King.

O come, let us worship and fall down before Christ, our King and our God.

O come, let us worship and fall down before the Very Christ, our King and our God.

Psalm 103

Reader: Bless the Lord, O my soul. O Lord my God, thou art very great; thou art clothed with honour and majesty. Who coverest thyself with light as with a garment: who stretchedst out the heavens like a curtain: who layeth the beams of his chambers in the waters: who maketh the clouds his chariot: who walketh upon the wings of the wind: Who maketh his angels spirits; his ministers a flaming fire: Who laid the foundations of the earth, that it should not be removed forever. Thou coveredst it with the deep as with a garment: the Waters stood above the mountains. At thy rebuke they fled; at the voice of thy thunder they hasted away. They go up by the mountains; they go down valleys unto the place which thou hast founded for them. Thou hast set a bound that they may not pass over; that they turn not again to cover the earth. He sendeth the springs into the valleys, which run among the hills. They give drink to every beast of the field: the wild asses quench their thirst. By them shall the fowls of the heaven have their habitation, which sing among the branches. He watereth the hills from his chambers: the earth is satisfied with the fruit of thy works. He causeth the grass to grow for the cattle, and herb for the service of man: that he may bring forth food out of the earth: And wine that maketh glad the heart of man, and oil to make his face to shine, and bread which strengtheneth man's heart. The trees of the Lord are full of sap; the cedars of Lebanon, which he hath planted; Where the birds make their nests: as for the stork, the fir trees are her house. The high hills are a refuge for the wild goats; and the rocks for the conies. He appointed the moon for seasons: the sun knoweth his going down. Thou makest darkness, and it is night: wherein all the beasts of the forest do creep forth. The young lions roar after their prey, and seek their meat from God. The sun ariseth, they gather themselves together, and lay them down in their dens. Man goeth forth unto his work and to his labour until the evening. O Lord, how manifold are thy works! in wisdom hast thou made them all: the earth is full of thy riches. So is this great and wide sea, wherein are things creeping, innumerable, both small and great beasts. There go the ships: there is that leviathan, who thou hast made to play therein. These wait all upon thee; that thou mayest give them their meat in due season. That thou givest them they gather: thou openest thine hand, they are filled with good. Thou hidest thy face, they are troubled: thou takest away their breath, they die, and return to their dust. Thou sendest forth thy spirit, they are created: and thou renewest the face of the earth. The glory of the Lord shall endure forever: the Lord shall rejoice in his works. He looketh on the earth, and it trembleth: he toucheth the hills, and they smoke. I will sing unto the Lord

as long as I live: I will sing praise to my God while I have my being. My meditation of him shall be sweet: I will be glad in the Lord. Let the sinners be consumed out of the earth, and let the wicked be no more. Bless thou the Lord, O my soul. Praise ye the Lord.

The sun knoweth his going down. Thou makest darkness, and it is night. O Lord, how manifold are thy works! in wisdom hast thou made them all.

Glory to the Father and to the Son and to Holy Spirit

Both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia. Glory to thee, O God. **(twice)**

Alleluia, Alleluia, Alleluia, Glory to thee, O God our Hope, O Lord, glory to thee.

The Litany of Peace

Priest: In peace, let us pray to the Lord.

(The choir and/or chanters respond Lord, have mercy to each petition.)

For the peace from above and the salvation of our souls, let us pray to the Lord.

For the peace of the whole world, the good estate of the holy churches of God, and the union of all men, let us pray to the Lord.

For this holy house and those who with faith, reverence and fear of God enter therein, let us pray to the Lord.

For our father and father and metropolitan (N) and our archbishop or bishop (N) the honorable presbytery, the diaconate in Christ, all the clergy and the people, let us pray to the Lord.

For our president, civil authorities and armed forces, let us pray to the Lord.

For this city and every city and countryside and the faithful who dwell therein, let us pray to the Lord.

For healthful seasons, abundance of the fruits of the earth and peaceful times, let us pray to the Lord.

For travelers by sea, by land and by air, the sick, the suffering, captives and their salvation, let us pray to the Lord.

For our deliverance from all tribulations, wrath, danger and necessity, let us pray to the Lord.

Help us; save us; have mercy on us; and keep us, O God, by thy grace.

Calling to remembrance our all-holy immaculate, most blessed and glorious Lady Theotokos and ever virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

Choir: To thee, O Lord.

Priest: For unto thee are due all glory, honor and worship to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen.

Psalm 141 (140)

Tone 2

Choir: **Lord, I have cried unto thee, hear me. Hear me, O Lord. Lord, I have cried unto thee, hear me: give ear unto my voice, when I cry unto thee. Hear me, O Lord.**

Let my prayer be set forth before thee, as incense; and the lifting up of my hands be as the evening sacrifice. Hear me, O Lord.

Set a watch, O Lord, before my mouth; keep the door of my lips.

Incline not my heart to any evil thing, to practice wicked works

With men that work iniquity: and let me not eat of their dainties.

Let the righteous smite me; it shall be a kindness: and let him reprove me; it shall be an excellent oil, which shall not break my head.

For yet my prayer also shall be in their calamities. When their judges are overthrown in stony places.

They shall hear my words, for they are sweet. Our bones are scattered at the grave's mouth as when one cutteth and cleaveth wood upon the earth

But mine eyes are unto thee, O God the Lord: in thee is my trust; leave not my soul destitute.

Keep me from the snares which they have laid for me, and the gins of the workers of iniquity.

Let the wicked fall into their own nets, whilst that I withal escape.

Psalm 142 (141)

I cried unto the Lord with my voice; with my voice unto the Lord did I make my supplication.

I poured out my complaint before him; I shewed before him my trouble.

When my spirit was overwhelmed within me, then thou knewest my path.

In the way wherein I walked have they privily laid a snare for me.

I looked on my right hand, and beheld, but there was no man that would know me.

Refuge failed me; no man cared for my soul.

I have cried unto thee, O Lord: I said, thou art my refuge and my portion in the land of the living.

Attend unto my cry; for I am brought very low.

Deliver me from my persecutors; for they are stronger than I.

Verse 10: *Bring my soul out of prison, that I may praise Thy name.*

Come ye, let us worship him who was born of the Father before all time, the Word of God, incarnate of the Virgin Mary; for he did submit to crucifixion by his own choice, was delivered to burial as he himself willed, rose from the dead, and saved me, who was lost.

Verse 9: *The righteous shall wait for me until Thou recompense me.*

Verily, Christ our Savior nailed to his Cross the handwriting of the decree, and did expunge it. And he abolished the might of death. Let us therefore adore his third-day Resurrection.

Verse 8: *Out of the depths have I cried to Thee, O Lord, Lord hear my voice.*

Come, let us with the archangels praise the Resurrection of Christ; for he is the Redeemer and Savior of our souls, and he it is who will come with fearful magnificence and glorious might to judge the world which he hath created.

Verse 7: *Let Thine ears be attentive to the voice of my supplication.*

O thou who wast crucified and wast buried, the angel did proclaim thee, that thou art the Master, saying to the women, Come ye and behold where the Lord was laid; for he is risen as he said; for he is the Almighty One, and therefore, do we worship thee, O thou who alone art deathless; O Christ, Giver of life, have mercy upon us.

Verse 6: *If Thou, O Lord, shouldest mark iniquities, O Lord, who shall stand? For with Thee there is forgiveness.*

With thy Cross thou didst abolish the curse of the tree; with thy Death and Burial thou didst cause the might of death to die; and with thy Resurrection thou didst enlighten mankind. Wherefore, do we cry to thee, O Christ our God, the Benefactor, glory to thee.

Verse 5: *Because of Thy name have I waited for Thee, O Lord; my soul hath waited upon Thy word, my soul hath hoped in the Lord.*

O Lord, verily, the gates of death were opened to thee for fear of thee. And as the gate-keepers of hades saw thee they did tremble; for thou didst break asunder its brazen gates; didst crush its iron bars; didst bring us out from the shadow and darkness of death; and didst break our bonds asunder.

Tone 2 - Second Sunday of Great Lent

Verse 4: *From the morning watch until night, from the morning watch let Israel trust in the Lord.*

What hymns of praise shall we sing in honor of the holy bishop? He is the trumpet of theology, the herald of the fire of grace, the honored vessel of the Spirit, the unshaken pillar of the Church, the great joy of the inhabited earth, the river of wisdom, the candle- stick of the light, the shining star that makes glorious the whole creation.

Verse 3: *For with the Lord there is mercy and with Him is abundant redemption, and He will deliver Israel from all His iniquities.*

What hymns of praise shall we sing in honor of the holy bishop? He is the trumpet of theology, the herald of the fire of grace, the honored vessel of the Spirit, the unshaken pillar of the Church, the great joy of the inhabited earth, the river of wisdom, the candle- stick of the light, the shining star that makes glorious the whole creation.

Verse 2: *Praise the Lord, all ye nations. Praise Him, all ye people.*

What words of song shall we weave as a garland, to crown the holy bishop? He is the champion of true devotion and the adversary of ungodliness, the fervent protector of the Faith, the great guide and teacher, the well-tuned harp of the Spirit, the golden tongue, the fountain that flows with waters of healing for the faithful, Gregory the great and marvelous.

Verse 1: *For His mercy is great towards us, and the truth of the Lord endureth forever.*

With what words shall we who dwell on earth praise the holy bishop? He is the teacher of the Church, the herald of the light of God, the initiate of the heavenly mysteries of the Trinity, the chief adornment of the monastic life, renowned alike in action and in contemplation, the glory of Thessalonica; and now he dwells in heaven with the great and glorious martyr Demetrius, whose relics flow with holy oil.

Tone 6 - Second Sunday of Great Lent for St. Gregory*Glory to the Father, and to the Son, and to the Holy Spirit*

O Thrice-Blessed, righteous, and most holy Father, the good shepherd and Disciple of Christ, the chief of shepherds, seek now, O thou who didst also give himself for the sheep, O God-mantled Father Gregory, that by thine intercessions we may be granted the Great Mercy.

Tone 2*Now and ever and unto ages of ages. Amen.*

O Virgin, verily, the shadow of the law hath been annulled by the coming of thy grace; for as the bush was burning but not consumed, so didst thou give birth while yet a Virgin. And instead of the pillar of fire, the Sun of justice shone forth; and instead of Moses, Christ the Savior of our souls.

Priest: Wisdom, Let us Attend.

THE HYMN OF THANKSGIVING AT THE LIGHTING OF THE LAMPS

Choir: O gladsome Light of the holy glory of the Father Immortal, heavenly, holy, blessed Jesus Christ. In that we now are come unto the setting of the sun and behold the light of evening, we hymn Thee: Father, Son, and Holy Spirit, God. For meet it is that at all times Thou shouldst be magnified by voices holy. O Son of God, Who bestowest life; for which cause the entire world, doth glorify Thee.

Priest: The evening Prokeimenon

PROKEIMENON**Tone 6**

Choir: The Lord is King. He is robed in majesty.

The Lord is robed, He is girded with strength. The Lord is King. He is robed in majesty.

For He hath established the world so that it shall never be moved. The Lord is King. He is robed in majesty.

Holiness becometh Thy house, O Lord, forevermore. The Lord is King. He is robed in majesty.

THE EKTENIA

Priest: Let us all say with our whole soul and with our whole mind, let us say:

(the Choir responds Lord, have mercy, Lord, have mercy, Lord, have mercy to each petition.)

O Lord Almighty, the God of our Fathers, we pray thee, hearken and have mercy.

Have mercy on us, O God, according to thy great mercy, we pray thee, hearken and have mercy.

Again we pray for all pious and Orthodox Christians.

Again we pray for our father and metropolitan, **N**. and our archbishop or bishop **N**

Again we pray for our brethren: the priests, hieromonks, deacons, hierodeacons and monastics and all our brotherhood in Christ.

Again we pray for mercy, life, peace, health, salvation and visitation and pardon and forgiveness of sins for (*the servants of God, NN., and*) all Orthodox Christians of true worship, who live and dwell in this community.

Again we pray for the blessed and ever-memorable founders of this holy church (*and for the servants of God, NN.,*) and all our fathers and brethren, the Orthodox departed this life before us, who here and in all the world lie asleep in the Lord.

Again we pray for those who bear fruit and do good works in this holy and all-venerable temple, those who serve and those who sing and all the people here present, who await thy great and rich mercy.

For thou art a merciful God and lovest mankind, and unto thee we ascribe glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

Choir: Amen.

THE EVENING PRAYER

Reader: Vouchsafe, O Lord, to keep us this evening without sin. Blessed art thou, O Lord, the God of our fathers, and praised and glorified is thy name forever. Amen. Let thy mercy be upon us O Lord, even as we have set our hope on thee. Blessed art thou, O Lord, teach me thy statutes. Blessed art thou, O Master; make me to understand thy statutes. Blessed art thou, O Holy one: enlighten me with thy statutes. Thy mercy, O Lord, endureth forever. O despise not the works of thy hands. To thee belongeth worship, to thee belongeth praise, to thee belongeth glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages Amen.

THE LITANY OF SUPPLICATION

Priest: Let us complete our prayer unto the Lord.

Choir: Lord, have mercy (*after the first two petitions.*)

Priest: Help us; save us; have mercy on us; and keep us, O God, by thy grace.

Priest: That the whole evening may be perfect, holy peaceful, and sinless, let us ask of the Lord.

Choir: Grant, this, O Lord. (*after the remaining petitions*)

An angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask of the Lord.

Pardon and forgiveness of our sins and transgressions, let us ask of the Lord.

All things good and profitable for our souls and peace for the world, let us ask of the Lord.

That we may complete the remaining time of our life in peace and repentance, let us ask of the Lord.

A Christian ending to our life, painless blameless, peaceful and a good defense before the fearful judgment seat of Christ, let us ask.

Calling to remembrance our all-holy immaculate, most blessed and glorious Lady Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

Choir: To Thee, O Lord.

Priest: For thou art a good God and lovest mankind, and unto thee we ascribe glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen

Priest: Peace be to all.

Choir: And to thy spirit.

Priest: Bow our heads unto the Lord.

Choir: To thee, O Lord.

Priest: Blessed and glorified be the might of thy kingdom of the Father and of the Son and of the Holy Spirit, now and ever, and unto ages of ages

Choir: Amen.

THE APOSTICHA

Tone 2

Thy Resurrection, O Christ Savior, hath illumined, the whole universe. Thou hast renewed thy creation, O Lord Almighty. Glory to thee.

The Lord is clothed and has girded Himself with strength

By the Tree, O Savior, thou hast removed the curse that was caused by a tree; and by thy Burial thou hast caused the might of death to die. Thou hast illumined our race by thy Resurrection. Wherefore, do we shout to thee, O Christ our Lord, Giver of life, glory to thee.

For He has established the world which shall not be moved

O Christ, when thou wast seen nailed upon the Cross, thou didst invert the beauty of creation. Yet withal did the soldiers show brutality when they pierced thy side with a spear. And the Hebrews comprehended not the might of thine authority, seeking to seal thy tomb. But thou who for the compassion of thy mercies didst accept a tomb, and didst rise in three days, O Lord, glory to thee.

Holiness adorns Thy house, O Lord forever

O Christ God, O Giver of life, thou didst bear the Passion willingly for the sake of the dead. Thou didst descend into hades for thou art mighty, and didst snatch away from the hand of the proud one those who there awaited thy coming, bestowing paradise upon them for an abode instead of hades, Wherefore, we supplicate thee to give us who glorify thy third-day Resurrection forgiveness of sins, and the Great Mercy.

Tone 8 - Second Sunday of Great Lent for St. Gregory
Glory to the Father, and to the Son, and to the Holy Spirit.

Thy tongue, awakened unto doctrines, hath sounded in the hearing of our hearts, rousing the souls of the tardy; and thy God-speaking words have become a ladder transporting those on earth to God. Wherefore, O Gregory, wonder of Thessalonica, cease not to intercede with Christ God to illuminate with his divine light those who honor thee.

Tone 8
Both now and ever and unto ages of ages, Amen

O Virgin without groom, blameless one, Mother of the high God; O thou who didst conceive in the flesh in an inexplicable way, receive the petitions of thy servants, O thou who bestowest on all the purification of sins; and in receiving our petitions beseech thou for the salvation of us all.

THE PRAYER OF SAINT ST. SIMEON

Choir: Lord, now lettest thou thy servant depart in peace, according to thy word. For mine eyes have seen thy salvation, which thou hast prepared before the face of all people, a light to lighten the Gentiles and the glory of thy people Israel.

Reader: Holy God, Holy Mighty, Holy Immortal: have mercy on us.
 Holy God, Holy Mighty, Holy Immortal: have mercy on us.
 Holy God, Holy Mighty, Holy Immortal: have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for thy Name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be thy Name; thy kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Priest: For thine is the Kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit now and ever and unto ages of ages.

Choir: Amen.

TROPARION
Tone 2

When thou didst submit thyself unto death, O Thou deathless and immortal one, then Thou didst destroy Hell with Thy Godly pow'r, and when Thou didst raise the dead from beneath the earth, all the pow'rs of heaven did cry aloud unto Thee O Christ thou giver of life glory to Thee.

Second Sunday of Great Lent for St. GregoryTone 8*Glory to the Father and to the Son and to the Holy Spirit*

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

THEOTOKIONTone 8*Both now and ever and unto ages of ages. Amen.*

Thou who for our sake wast born of a Virgin, and didst suffer crucifixion, O Good One, and didst despoil death through Death, and as God didst reveal resurrection; despise not those whom thou hast created with thine own hand; show forth thy love for mankind, O merciful One, accept the intercessions of thy Mother, the Theotokos, for us; and save thy despairing people, O our Savior.

THE GREAT DISMISSAL

Priest: Wisdom.

Choir: Father Bless.

Priest: Christ our God, the Existing One, is blessed, always, now and ever, and unto ages of ages.

Choir: Amen.

Preserve, O God, the holy Orthodox faith and all Orthodox Christians, unto ages of ages. Amen.

Priest: Most holy Theotokos, save us.

Choir: More honorable than the cherubim and more glorious beyond compare than the seraphim, thou who without corruption bearest God the Word and art truly Theotokos: We magnify thee.

Priest: Glory to thee, O Christ our God and our Hope, glory to thee.

Choir: Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto ages of ages Amen. Lord, have mercy. Lord, have mercy. Lord, have mercy. Father Bless.

Priest: May he who rose again from the dead, Christ our true God, through the intercessions of his all-immaculate and all-blameless holy Mother; by the might of the precious and life-giving cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious and all-laudable apostles; of the holy, glorious and right-victorious martyrs; of our venerable and god-bearing fathers; of St. N., patron of this Church; of the holy and righteous ancestors of God, Joachim and Anna; of Venerable-martyr Nikon of Sicily and with him 199 disciples; Venerable-martyr Luke of St. Anne Skete on Athos whose memory we celebrate and of all the saints: have mercy on us, and save us, forasmuch as he is good and loveth mankind.

Priest: Through the prayers of our holy fathers, Lord Jesus Christ, have mercy on us and save us

Choir: Amen.

MATINS

Priest: Blessed is our God always now and ever and unto ages of ages.

Reader: Amen

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.
Amen.

All-holy Trinity, have mercy on us. Lord cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for thy Name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.
Amen.

Our Father, who art in heaven, hallowed be thy Name; thy kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Priest: For thine is the Kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit now and ever and unto ages of ages.

Reader: Amen.

O Lord, save thy people, and bless thine inheritance, granting to thy people victory over all adversaries, and by thy Cross preserving thine estate.

Glory to the Father, and to the Son, and to the Holy Spirit:

Do thou, who of thine own good will wast lifted up upon the Cross, O Christ our God, bestow thy bounties upon the new Nation which is called by thy Name; make glad in thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in thine aid a weapon of peace and a trophy invincible.

Both now and ever, and unto ages of ages. Amen.

O Champion dread, who cannot be put to confusion, despise not our petitions, O Good and all-praised Theotokos; establish the way of the Orthodox save those who have been called upon to govern us, leading us all to that victory which is from heaven, for thou art she who gavest birth to God and alone art Blessed.

Priest: Have mercy on us, O God, according to thy great goodness, we pray thee: hearken and have mercy.

Chanter: Lord, have mercy. (thrice.)

Priest: Again we pray for all pious and Orthodox Christians.

Chanter: Lord, have mercy. (thrice.)

Priest: Again we pray for our father and metropolitan (N) and our archbishop or bishop (N) all our brethren in Christ.

Chanter: Lord, have mercy. (thrice.)

Priest: For thou art a merciful God and lovest mankind, and unto thee we ascribe glory to the Father, and to the Son, and to the Holy Spirit; now and ever and unto ages of ages.

Chanter: Amen. Bless Father in the name of the Lord.

Priest: Glory to the Holy Consubstantial, Life-giving, and undivided Trinity, always now and ever and unto ages of ages.

Reader: Amen

Glory to God in the highest, and on earth peace, good will among men
 Glory to God in the highest, and on earth peace, good will among men
 Glory to God in the highest, and on earth peace, good will among men

O Lord, thou shalt open my lips, and my mouth shall declare thy praise.
 O Lord, thou shalt open my lips, and my mouth shall declare thy praise.

Psalm 3

LORD, how are they increased that trouble me! many are they that rise up against me. Many there be which say of my soul, There is no help for him in God. But thou, O LORD, art a shield for me; my glory, and the lifter up of mine head. I cried unto the LORD with my voice, and he heard me out of his holy hill. I laid me down and slept; I awaked; for the LORD sustained me. I will not be afraid of ten thousands of people, that have set themselves against me round about. Arise, O LORD; save me, O my God: for thou hast smitten all mine enemies upon the cheek bone; thou hast broken the teeth of the ungodly. Salvation belongeth unto the LORD: thy blessing is upon thy people.

I laid me down and slept; I awaked; for the Lord sustained me.

Psalm 38 (37)

O LORD, rebuke me not in thy wrath: neither chasten me in thy hot displeasure. For thine arrows stick fast in me, and thy hand presseth me sore. There is no soundness in my flesh because of thine anger; neither is there any rest in my bones because of my sin. For mine iniquities are gone over mine head: as an heavy burden they are too heavy for me. My wounds stink and are corrupt because of my foolishness. I am troubled; I am bowed down greatly; I go mourning all the day long. For my loins are filled with a loathsome disease: and there is no soundness in my flesh. I am feeble and sore broken: I have roared by reason of the disquietness of my heart. Lord, all my desire is before thee; and my groaning is not hid from thee. My heart panteth, my strength faileth me: as for the light of mine eyes, it also is gone from me. My lovers and my friends stand aloof from my sore; and my kinsmen stand afar off. They also that seek after my life lay snares for me: and they that seek my hurt speak mischievous things, and imagine deceits all the day long. But I, as a deaf man, heard not; and I was as a dumb man that openeth not his mouth. Thus I was as a man that heareth not, and in whose mouth are no reproofs. For in thee, O LORD, do I hope: thou wilt hear, O Lord my God. For I said, Hear me, lest otherwise they should rejoice over me: when my foot slippeth, they magnify themselves against me. For I am ready to halt, and my sorrow is continually before me. For I will declare mine

iniquity; I will be sorry for my sin. But mine enemies are lively, and they are strong: and they that hate me wrongfully are multiplied. They also that render evil for good are mine adversaries; because I follow the thing that good is. Forsake me not, O LORD: O my God, be not far from me. Make haste to help me, O Lord my salvation.

Forsake me not, O LORD: O my God, be not far from me. Make haste to help me, O Lord my salvation. (twice)

Psalm 63 (62)

O God, thou art my God; early will I seek thee: my soul thirsteth for thee, my flesh longeth for thee in a dry and thirsty land, where no water is; To see thy power and thy glory, so as I have seen thee in the sanctuary. Because thy lovingkindness is better than life, my lips shall praise thee. Thus will I bless thee while I live: I will lift up my hands in thy name. My soul shall be satisfied as with marrow and fatness; and my mouth shall praise thee with joyful lips: When I remember thee upon my bed, and meditate on thee in the night watches. Because thou hast been my help, therefore in the shadow of thy wings will I rejoice. My soul followeth hard after thee: thy right hand upholdeth me. But those that seek my soul, to destroy it, shall go into the lower parts of the earth. They shall fall by the sword: they shall be a portion for foxes. But the king shall rejoice in God; every one that sweareth by him shall glory: but the mouth of them that speak lies shall be stopped.

I meditate on thee in the night watches. Because thou hast been my help, therefore in the shadow of thy wings will I rejoice. My soul followeth hard after thee: thy right hand upholdeth me.

Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia, Glory to thee O God.
 Alleluia, Alleluia, Alleluia, Glory to thee O God.
 Alleluia, Alleluia, Alleluia, Glory to thee O God.
 Lord, have mercy. Lord, have mercy. Lord, have mercy

Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.

Psalm 88 (87)

O LORD God of my salvation, I have cried day and night before thee: Let my prayer come before thee: incline thine ear unto my cry; For my soul is full of troubles: and my life draweth nigh unto the grave. I am counted with them that go down into the pit: I am as a man that hath no strength: Free among the dead, like the slain that lie in the grave, whom thou rememberest no more: and they are cut off from thy hand. Thou hast laid me in the lowest pit, in darkness, in the deeps. Thy wrath lieth hard upon me, and thou hast afflicted me with all thy waves. Thou hast put away mine acquaintance far from me; thou hast made me an abomination unto them: I am shut up, and I cannot come forth. Mine eye mourneth by reason of affliction: LORD, I have called daily upon thee, I have stretched out my hands unto thee. Wilt thou show wonders to the dead? shall the dead arise and praise thee? Shall thy lovingkindness be declared in the grave? or thy faithfulness in destruction? Shall thy wonders be known in the dark? and thy righteousness in the land of forgetfulness? But unto thee have I cried, O LORD; and in the morning shall my prayer prevent thee. LORD, why castest thou off my soul? why hidest thou thy face from me? I am afflicted and ready to die from my youth up: while I suffer thy terrors I am distracted. Thy fierce wrath goeth over me; thy terrors have cut me off. They came round

about me daily like water; they compassed me about together. Lover and friend hast thou put far from me, and mine acquaintance into darkness.

O Lord God of my salvation, I have cried day and night before thee; let my prayer com before thee incline thine ear unto my cry.

Psalm 103 (102)

Bless the LORD, O my soul: and all that is within me, bless his holy name. Bless the LORD, O my soul, and forget not all his benefits: Who forgiveth all thine iniquities; who healeth all thy diseases; Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies; Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's. The LORD executeth righteousness and judgment for all that are oppressed. He made known his ways unto Moses, his acts unto the children of Israel. The LORD is merciful and gracious, slow to anger, and plenteous in mercy. He will not always chide: neither will he keep his anger for ever. He hath not dealt with us after our sins; nor rewarded us according to our iniquities. For as the heaven is high above the earth, so great is his mercy toward them that fear him. As far as the east is from the west, so far hath he removed our transgressions from us. Like as a father pitieth his children, so the LORD pitieth them that fear him. For he knoweth our frame; he remembereth that we are dust. As for man, his days are as grass: as a flower of the field, so he flourisheth. For the wind passeth over it, and it is gone; and the place thereof shall know it no more. But the mercy of the LORD is from everlasting to everlasting upon them that fear him, and his righteousness unto children's children; To such as keep his covenant, and to those that remember his commandments to do them. The LORD hath prepared his throne in the heavens; and his kingdom ruleth over all. Bless the LORD, ye his angels, that excel in strength, that do his commandments, hearkening unto the voice of his word. Bless ye the LORD, all ye his hosts; ye ministers of his, that do his pleasure. Bless the LORD, all his works in all places of his dominion: bless the LORD, O my soul. In all places of his dominion: bless the LORD, O my soul.

Psalm 143 (142)

Hear my prayer, O LORD, give ear to my supplications: in thy faithfulness answer me, and in thy righteousness. And enter not into judgment with thy servant: for in thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath smitten my life down to the ground; he hath made me to dwell in darkness, as those that have been long dead. Therefore is my spirit overwhelmed within me; my heart within me is desolate. I remember the days of old; I meditate on all thy works; I muse on the work of thy hands. I stretch forth my hands unto thee: my soul thirsteth after thee, as a thirsty land. Hear me speedily, O LORD: my spirit faileth: hide not thy face from me, lest I be like unto them that go down into the pit. Cause me to hear thy lovingkindness in the morning; for in thee do I trust: cause me to know the way wherein I should walk; for I lift up my soul unto thee. Deliver me, O LORD, from mine enemies: I flee unto thee to hide me. Teach me to do thy will; for thou art my God: thy spirit is good; lead me into the land of uprightness. Quicken me, O LORD, for thy name's sake: for thy righteousness' sake bring my soul out of trouble. And of thy mercy cut off mine enemies, and destroy all them that afflict my soul: for I am thy servant.

O Lord, give ear to my supplications: and enter not into judgment with thy servant. O Lord, give ear to my supplications: and enter not into judgment with thy servant.

Thy spirit is good; lead me into the land of uprightness.

Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia, Glory to thee O God.
 Alleluia, Alleluia, Alleluia, Glory to thee O God.
 Alleluia, Alleluia, Alleluia, Glory to thee O God. O Lord our Hope, glory to thee.

The Litany of Peace

Priest: In Peace let us pray to the Lord.
 (The Choir responds Lord have mercy to each petition).

For the peace from above and the salvation of our souls, let us pray to the Lord.

For the peace of the whole world, the good estate of the holy churches of God, and the union of all men, let us pray to the Lord.

For this holy house and those who with faith, reverence and fear of God enter therein, let us pray to the Lord.

For our father and metropolitan, (N)., and our archbishop or bishop (N)., the honorable presbytery, the diaconate in Christ, all the clergy and the people, let us pray to the Lord.

For our president, civil authorities and armed forces, let us pray to the Lord.

For this city and every city and countryside and the faithful who dwell therein, let us pray to the Lord.

For healthful seasons, abundance of the fruits of the earth and peaceful times, let us pray to the Lord.

For travelers by sea, by land and by air, the sick, the suffering, captives and their salvation, let us pray to the Lord.

For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.

Help us; save us; have mercy on us; and keep us O God, by thy grace.

Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady Theotokos and ever virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

Choir: To thee, O Lord.

Priest: For unto thee are due all glory, honor and worship to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

Choir: Amen.

Tone 2

God is the Lord, which hath shown us light. Blessed is he that cometh in the name of the Lord.

O give thanks unto the Lord; for he is good: for his mercy endureth forever.

God is the Lord, which hath shown us light. Blessed is he that cometh in the name of the Lord.

All nations compassed me about: but in the name of the Lord will I destroy them.

God is the Lord, which hath shown us light. Blessed is he that cometh in the name of the Lord.

I shall not die but live, and declare the works of the Lord.

God is the Lord, which hath shown us light. Blessed is he that cometh in the name of the Lord.

The stone which the builders refused is become the head stone of the corner. This is the Lord's doing; it is marvelous in our eyes.

God is the Lord, which hath shown us light. Blessed is he that cometh in the name of the Lord.

TROPARION

Tone 2

Glory to the Father and to the Son and to the Holy Spirit.

When thou didst submit thyself unto death, O Thou deathless and immortal one, then Thou didst destroy Hell with Thy Godly pow'r, and when Thou didst raise the dead from beneath the earth, all the pow'rs of heaven did cry aloud unto Thee O Christ thou giver of life glory to Thee.

Second Sunday of Great Lent for St. Gregory

Tone 8

Glory to the Father and to the Son and to the Holy Spirit

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

THEOTOKION

Tone 8

Both now and ever and unto ages of ages. Amen.

Thou who for our sake wast born of a Virgin, and didst suffer crucifixion, O Good One, and didst despoil death through Death, and as God didst reveal resurrection; despise not those whom thou hast created with thine own hand; show forth thy love for mankind, O merciful One, accept the intercessions of thy Mother, the Theotokos, for us; and save thy despairing people, O our Savior.

LITTLE EKTENIA

Priest: Again and again in peace, let us pray to the Lord.

Choir: Lord, have mercy.

Priest: Help us; save us; have mercy on us and keep O God by thy grace.

Choir: Lord, have mercy.

Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady Theotokos and ever virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

Choir: To thee O Lord.

Priest: For thine is the might, and thine is the kingdom and the power and the glory of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

Choir: Amen

Kathismata

Tone 2

First Kathisma

Verily, the honorable Joseph did bring down thy pure body from the Tree, wrapped it in fine linen, and laid it in a new tomb. But thou didst rise in three days, O Lord, granting the world Great Mercy.

Glory to the Father, and to the Son, and to the Holy Spirit.

Verily, the angel did appear at the tomb, saying to the ointment-bearing women, The ointment is worthy of the dead, but Christ hath been shown to be foreign to corruption. Rather cry ye instead, The Lord is risen, granting the world Great Mercy.

Both now and ever, and unto ages of ages. Amen.

O Virgin Theotokos, exceedingly glorified, we praise thee; for by the Cross of thy Son, hades hath been demolished and death hath been put to death. And we did rise, after we were dead; and became worthy of life; and obtained the paradise of ancient bliss. Wherefore, we glorify Christ in thankfulness; for He is our dear God and alone abundant in mercies.

Second Kathisma

O Lord, since thou didst not prevent the sealing of the tombstone when thou didst arise, thou didst bestow on all the rock of fidelity. Glory to thee.

Glory to the Father, and to the Son, and to the Holy Spirit.

Verily, the assembly of the Disciples rejoiced in unison with the ointment-bearing women. As for us, we celebrate with them a common festival to the honor and exaltation of thy Resurrection, exclaiming to thee, O Lord, Lover of mankind, grant thy people, through their supplications, Great Mercy.

Both now and ever, and unto ages of ages. Amen.

Thou hast transcended all blessings, O Virgin Theotokos; for hades hath been spoiled by Him who was incarnate of thee. Yea, Adam was recalled; the curse was abolished; Eve was delivered; death was put to death; and we were made to live again. Wherefore, in praise we cry, Blessed art thou, O Christ our God, who hast thus shown thy pleasure. Glory to thee.

EVLOGETARIA

Tone 5

Blessed art thou, O Lord: teach me thy statutes:

The company of the Angels was amazed, when they beheld thee numbered among the dead, yet thyself, O Saviour, destroying the power of death, and with thee raising up Adam and releasing all men from Hell.

Blessed art thou, O Lord: teach me thy statutes.

Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand; for the Saviour is risen from the tomb.

Blessed art thou, O Lord: teach me thy statutes.

Very early in the morning did the Myrrh-bearing Women run lamenting unto thy tomb; but an Angel came toward them saying: The time for lamentation is passed; weep not; but announce unto the apostles the Resurrection.

Blessed art thou, O Lord: teach me thy statutes.

The Myrrh-bearing Women mourned as bearing unguents they drew near thy tomb, O Saviour. But the Angel spake unto them saying: Why number ye the living among the dead? In that he is God he is risen from the grave.

Glory to the Father, and to the Son, and to the Holy Spirit.

We adore the Father, as also his Son, and the Holy Spirit, the Holy Trinity in One Essence; crying with the Seraphim: Holy, holy, holy art thou, O Lord.

Both now and ever, and unto ages of ages. Amen.

In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.

Alleluia, Alleluia, Alleluia. Glory to thee, O God. (3 times)

O our God and our Hope, glory to thee.

Little Ektenia

Priest: Again and again in peace, let us pray to the Lord.

Choir: Lord, have mercy.

Priest: Help us; save us; have mercy on us and keep O God by thy grace.

Choir: Lord, have mercy.

Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady Theotokos and ever virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

Choir: To thee O Lord.

Priest: For blessed is thy name, and glorified is thy kingdom, of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

Choir: Amen

HYPAKOE**Tone 2**

The women went to the tomb after thy Passion to anoint thy body, O Christ God, where they saw a vision of angels, and were astonished; for they heard them crying with a loud voice, The Lord is risen and hath granted the world Great Mercy.

ANABATHMOI**First Antiphony**

Behold, O Saviour, toward Heaven I raise the eyes of my heart to thee. Save me by thine illumination. O Christ, have mercy upon us guilty men, who transgress against thee often, and in every hour. Give us, before the end, the means of a repentance acceptable to thee.

*Glory to the Father, and to the Son, and to the Holy Spirit:
Both now and ever, and unto ages of ages. Amen.*

Verily, sovereignty over creation, its sanctification, and its motion are of the Holy Spirit; for He is God, consubstantial with the Father and with the Word.

Second Antiphony

Except the Lord were in our midst, who could have been kept safe from the man-destroying enemy? Verily, my enemies roar like lions, O Saviour. Deliver not thy servant to their teeth.

*Glory to the Father, and to the Son, and to the Holy Spirit:
Both now and ever, and unto ages of ages. Amen.*

The Holy Spirit is the Element of Life and Honour; for as God, He doth establish all creatures and preserves them in the Father and the Son.

Third Antyphon

They who put their trust in the Lord are like the holy mountain; for they are never shaken by the attacks of Belial. They put not forth their hands to evil, who live the divine life; for Christ God will not deliver His inheritance to the evil ones.

*Glory to the Father, and to the Son, and to the Holy Spirit:
Both now and ever, and unto ages of ages. Amen.*

The Holy Spirit is the Fount of all wisdom; for from Him cometh grace to the Apostles, the Martyrs by Him are crowned in their struggles, and the Prophets in foreknowledge look to Him.

Prokeimenon:

Arise, O my Lord and God, in the precept which thou hast commanded and a congregation of people shall surround thee.

Arise, O my Lord and God, in the precept which thou hast commanded and a congregation of people shall surround thee.

Stichos: My Lord and my God, in thee have I put my trust.

Arise, O my Lord and God, in the precept which thou has commanded and a congregation of people shall surround thee.

Deacon: Let us pray to the Lord.

Choir: Lord, have mercy.

Priest: For Holy art thou, O our God, who restest in the Saints, and unto thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages.

Choir: Amen.

Let every thing that hath breath praise the Lord.

Let every thing that hath breath praise the Lord.

Let every thing that hath breath praise the Lord.

Priest: And that we may be accounted worthy to hear the holy gospel, let us beseech the Lord our God.

Choir: Lord, have mercy, Lord, have mercy, Lord, have mercy.

Priest: Wisdom! Attend! Let us hear the holy gospel.
Peace be to all.

Choir: And to thy Spirit.

MATINS GOSPEL

Priest: The reading from the Holy Gospel according to St. John (21:1-14)

Choir: Glory to thee O Lord, Glory to Thee.

Priest: At that time, Jesus revealed himself again to the disciples by the Sea of Tiberias; and he revealed himself in this way. Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples were together. Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat; but that night they caught nothing.

Just as day was breaking, Jesus stood on the beach; yet the disciples did not know that it was Jesus. Jesus said to them, "Children, have you any fish?" They answered him, "No." Jesus said to them, "Cast the net on the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in, for the quantity of fish. That disciple whom Jesus loved said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on his clothes, for he was naked, and sprang into the sea. But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, but about a hundred yards off.

When they got out on land, they saw a charcoal fire there, with fish lying on it, and bread. Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred and fifty-three of them; and although there were so many, the net was not torn. Jesus said to them, "Come and dine." Now none of the disciples dared ask him, "Who are you?" They knew it was the Lord. Jesus came and took the bread and gave it to them, and so

with the fish. This was now the third time that Jesus was revealed to the disciples after he was raised from the dead.

Choir: Glory to thee O Lord, Glory to Thee.

Reader: In that we have beheld the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. Thy cross do we adore, O Christ, and thy holy resurrection we praise and glorify; for thou art our God, and we know none other beside thee; we call upon thy name. O come, all ye faithful, let us adore Christ's holy resurrection. For lo, through the cross is joy come into all the world. Ever blessing the Lord, let us sing his resurrection: for in that he endured the cross for us he hath destroyed death by death.

Psalm 50

Have mercy upon me, O God, according to thy great mercy: according to the multitude of the tender mercies blot out mine iniquity.

Wash me thoroughly from mine iniquity, and cleanse me from my sin.

For I acknowledge mine iniquity: and my sin is ever before me.

Against thee only have I sinned, and done evil in thy sight: that thou mightest be justified in thy words, and prevail when thou art judged.

For behold, I was shapen in iniquity: and in sin did my mother conceive me.

For behold, thou hast loved truth: the unclear and hidden things of thy wisdom thou hast made clear to me.

Thou shalt sprinkle me with hyssop, and I shall be clean: thou shalt wash me, and I shall be whiter than snow.

Thou shalt make me to hear joy and gladness: the bones which thou hast broken shall rejoice.

Turn away thy face from my sins, and blot out all my iniquities.

Create in me a clean heart, O God: and renew a right spirit within me.

Cast me not away from thy presence: and take not thy holy spirit from me.

Restore unto me the joy of thy salvation: and steady me with a guiding spirit.

Then will I teach transgressors thy ways: and the impious shall be converted unto thee.

Deliver me from blood guiltiness, O God, thou God of my salvation: and my tongue shall sing aloud of thy righteousness.

O Lord, open thou my lips: and my mouth shall declare thy praise.

For hadst thou desired sacrifice, I would have given it thee: thou delightest not in burnt offerings.

Sacrifices to God are a contrite spirit: a contrite and humble heart, O God, thou wilt not despise.

Do good, O Lord, in thy good will unto Zion: that the walls of Jerusalem may be built up.

Then shalt thou be pleased with the sacrifice of righteousness, with burnt offering and whole burnt offerings:

Then shall they offer bullocks upon thine altar.

Choir: *Glory to the Father and to the Son and to the Holy Spirit.*

Open to me the doors of repentance, O Life-giver; for my soul goeth early to the temple of thy holiness, coming in the temple of my body, wholly polluted. But because thou art compassionate, purify me by the compassion of thy mercies.

Both now and ever and unto ages of ages. Amen.

Prepare for me the ways of salvation, O Theotokos; for I have profaned myself with coarse sins, and consumed my whole life with procrastination. But by thine intercessions purify thou me from all abominations.

Have mercy on me, O God according to thy loving kindness according to the multitude of thy tender mercies blot out my transgressions.

If I think upon the multitude of my evil deed, I tremble for the terrible Day of Judgement. But, trusting the compassion of thy mercy, I shout to thee like David, Have mercy upon me, O God, according to thy Great Mercy.

THE INTERCESSION

Priest: O God, save thy people, and bless thine inheritance. Visit thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us thy rich mercies. Through the intercessions of our all-immaculate Lady Theotokos and ever-virgin Mary; by the might of the precious and life-giving cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy glorious, all-laudable apostles; of our fathers among the saints, great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom; Athanasios, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra in Lycia, Spyridon of Trimythous and Nektarios of Pentapolis, the Wonder-workers; of the holy and glorious great martyrs, Demetrios the Myrrh-streaming, Theodore the Soldier, Theodore the General and Menas the Wonder-worker; of the hieromartyrs Ignatios the God-bearer of Antioch, Haralampos and Eleftherios; of the holy, glorious great martyrs, Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photeini, Marina, Paraskeva and Irene; of the holy glorious and right-victorious martyrs; of our venerable and God-bearing fathers, who shone in the ascetic life; of (N) patron of this church; of the holy and righteous ancestors of God, Joachim and Anna; of Venerable-martyr Nikon of Sicily and with him 199 disciples; Venerable-martyr Luke of St. Anne Skete on Athos whose memory we celebrate and of all thy saints, we beseech thee, O only most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto thee and have mercy on us.

Choir: Lord, have mercy (*twelve times, in four sets of three*).

Priest: Through the mercy and compassions and love for mankind of thine only-begotten Son, with whom thou art blessed, together with thine all-holy good and life-giving Spirit, now and ever, and unto ages of ages.

THE KATAVASIA

Tone 4

Choir: **Ode 1.** I shall open my mouth and it shall be filled with the Spirit; and I shall speak forth to the Queen and Mother. I shall be seen joyfully singing her praises, and I shall delight to sing of her wonders.

Ode 3. As a living and copious fountain, O Theotokos, do thou strengthen those who hymn thy praises, and are joined together in spiritual company for thy service; and in thy divine glory make them worthy of crowns of glory

Ode 4. He who sits in clouds of glory upon the throne of Godhead, Jesus the most high God, came with mighty hand and saved those who cried out unto him: "Glory to thy power, O Christ."

Ode 5. All creation was amazed at thy divine glory, for thou, O unwedded Virgin, didst hold in thee the God of all, and didst bear the Eternal Son, who rewards with salvation all those who hymn thy praises.

Ode 6. As we the Godly minded, celebrate this divine and all-honorable feast of the Mother of God: let us clap our hands together and glorify the God whom she bore.

Ode 7. The godly-minded children worshipped not the creature rather than the Creator, but trampling upon the threat of fire in manly fashion, they rejoiced and sang: "O All-praised Lord and God of our Fathers, blessed art thou."

Let us praise, bless, and worship the Lord.

Ode 8. The three holy children in the furnace the Child of the Theotokos saved; then was the type, now is its fulfillment, and the whole world gathers to sing: "All ye works praise the Lord and magnify him unto all ages."

Priest: The Theotokos and Mother of the Light let us honor and magnify in song.

Choir: *My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.*
More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without stain barest God the Word, and art truly Theotokos, we magnify thee.

For he hath regarded the lowliness of his handmaiden; for behold from henceforth all generations shall call me blessed.

More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without stain barest God the Word, and art truly Theotokos, we magnify thee.

For he that is might hath magnified me, and holy is his Name; and his mercy is on them that fear him, throughout all generations.

More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without stain barest God the Word, and art truly Theotokos, we magnify thee.

He hath showed strength with his arm; he hath scattered the proud in the imagination of their hearts.

More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without stain barest God the Word, and art truly Theotokos, we magnify thee.

He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath he sent empty away.

More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without stain barest God the Word, and art truly Theotokos, we magnify thee.

He remembering his mercy hath holpen his servant Israel, as he promised to our forefathers, Abraham and his seed forever.

More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without stain barest God the Word, and art truly Theotokos, we magnify thee.

Ode 9: Let all the earth-born mortals rejoice in the Spirit, bearing lamps. And let the nature of disembodied Minds celebrate with honor the holy festival of the Mother of God, and cry out: "Hail! All-blessed, pure, and ever-virgin Theotokos!"

LITTLE EKTENIA

Priest: Again and again in peace, let us pray to the Lord.

Choir: Lord, have mercy.

Priest: Help us; save us; have mercy on us and keep O God by thy grace.

Choir: Lord, have mercy.

Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady Theotokos and ever virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

Choir: To thee O Lord.

Priest: For all the powers of heaven praise thee, and to thee we ascribe glory to the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

Choir: Amen

Holy is the Lord our God.

Holy is the Lord our God.

Holy is the Lord our God.

Exalt ye the Lord our God, and worship at His footstool, for He is holy.

EXAPOSTEILARION

Tone 2

Verily, the two sons of Zebedee with Peter and Nathaniel and two others and Thomas were fishing in the Lake of Tiberias, who by the command of Christ cast the net on the right side and drew out much fish. And when Peter knew Him he came to Him swimming. This, then, was a third appearance of the Lord, when He showed them bread and fish on the live coals.

St. Gregory

Tone 2

Rejoice, O pride of the Fathers and mouth-piece of those who speak in theology, O dwelling-place of calm and house of wisdom, leader of teachers, and sea of intellect. Rejoice, O instrument of work, O end of vision, and healer of human illness. Rejoice, O Father, treasure of the Spirit, alive and dead.

O Lady, queen of all, embrace us in our sorrows. Be present on the Last Day, the day of tribulation, lest Satan, hades, and destruction overrule us. Make us all stand upright before the terrible tribune of thy Son, without offense, by thine intercessions, O Lady Theotokos.

PRAISES (AINOI)**Tone 2**

Chanter: **Let everything that hath breath, praise the Lord. Praise ye the Lord from the heavens: praise him in the heights. To thee, O God is due our song.**

Chanter: **Praise ye him, all his angels: praise ye him, all his hosts. To thee, O God, is due our song.**

Verse *This glory shall be to all His saints.*

All creatures glorify thee, O Lord, with every breath; for by the Cross thou didst abolish death, that thou mightest manifest to the nations thy Resurrection from the dead; for thou alone art the Lover of mankind.

Verse *Praise God in His sanctuary: praise Him in the firmament of His power.*

Answer, O Jews, how was it that the guardian soldiers lost the King whom they were guarding? Why was it that the stone could not retain the Book of life? Either must ye, therefore, deliver to us Him that was buried, or worship with us Him who is risen, shouting, Glory to thy bountiful mercies, our Savior, glory to thee.

Verse *Praise Him for His mighty acts: praise Him according to His excellent greatness.*

Rejoice, O nations, and be glad, for the angel hath sat on the stone of the grave, and given us the glad tidings, saying, Christ the Savior of the world is risen from the dead. He hath filled all with sweet scent. Rejoice, O ye nations, and be joyful.

Verse *Praise Him with the sound of the trumpet: praise Him with the psaltery and harp.*

O Lord God, verily, before thy Conception an angel did come with peace to her who is full of grace. And now an angel hath rolled the stone from the door of thy tomb, made glorious by thy Resurrection. The first angel spake with signs of joy instead of sorrow; and the latter brought us the glad tidings of a Lord who giveth life instead of death. Therefore, do we shout to thee, O Benefactor of all, glory to thee, O Lord.

Verse *Praise him with the timbrel and dance; praise him with stringed instruments and organs.*

Verily, the women did sprinkle spices with tears on thy grave, and their mouths were filled with laughter when they said, The Lord is risen.

Tone 1 - Second Sunday of Great Lent for St. Gregory

Verse *Praise him upon the loud cymbals: praise him upon the high-sounding cymbals. Let everything that hath breath praise the Lord.*

Thou didst live in the world a blessed life. Wherefore, thou dost rejoice now with the congregations of the blessed, and dwellest in the land of the meet, as one who is meek, O Bishop Gregory, enriched by God with the grace of miracles, which thou dost grant to those who honor thee.

Verse *Arise, O my God, lift up thine hand, and forget not the humble.*

Planting the doctrines of Orthodoxy, uprooting the thistles of wicked opinion, O blessed one, and growing well the plant of faith with the rain of thy sayings, thou didst offer to God, like a good farmer, ears a hundred fold.

Verse *I will praise thee, O Lord, with my whole heart: I will show all thy marvelous works.*

The ranks of angels and assemblies of men wondered at the splendor of thy blameless life, O blessed one; for by thine own choice thou didst reveal thyself as a firm striver, an ascetic, a worthy Bishop, a deserving minister of God, and a chosen friend.

Second Sunday of Great Lent for St. Gregory

Tone 6

Glory to the Father, and to the Son, and to the Holy Spirit.

Thou didst shine forth, O Christ, a Light to those who dwell in the darkness of sin, in the season of abstinence. Show us, therefore, the glorious day of thy Passion, that we may cry to thee aloud, Arise, O God, and have mercy upon us.

Both now and ever and unto ages of ages, Amen

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art thou, O Christ our God, who is thus well pleased, glory to thee.

THE GREAT DOXOLOGY

Tone 6

Glory to thee, who hast shown us the light, glory be to God on high and on earth peace and goodwill among men.

We praise thee we bless thee we worship thee we glorify thee we give thanks unto thee for thy great glory.

O Lord heavenly King, God the Father almighty, O Lord the only begotten Son Jesus Christ and the Holy Spirit.

O Lord God Lamb of God, Son of the Father that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.

Receive our prayer O thou that sittest at the right hand of the Father and have mercy on us.

For thou only art holy thou only art the Lord O Jesus Christ to the glory of God the Father Amen.

Every day will I bless Thee, and I will praise thy name forever, yea for ever and ever.

Vouchsafe O Lord to keep us this day without sin.

Blessed art thou, O Lord God of our Fathers, and praise and glorified be thy name forever Amen.

Let thy mercy, O Lord be upon us as we do put our hope in thee.

Blessed art thou, O Lord, teach me thy statutes.

Blessed art thou, O Lord, teach me thy statutes.

Blessed art thou, O Lord, teach me thy statutes.

Lord thou hast been our refuge in all generations. I said: be merciful unto me; heal my soul, for I have sinned against thee.

Lord, I have fled unto thee: teach me to do thy will, for thou art my God.

For with thee is the fountain of life: in thy light shall we see light.

O continue thy loving kindness unto them that know thee. Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Glory to the Father and to the Son and to the Holy Spirit.

Both now and ever and unto ages of ages. Amen

Holy immortal, have mercy on us.

Holy God,

Holy Mighty,

Holy Immortal, have mercy on us.

TROPARION

Tone 4

Today is salvation come into the world. Let us sing praises to Him who arose from the grave, the Author of our life; for having by Death He hath destroyed death, He hath given us victory and Great Mercy.

DIVINE LITURGY

On this day, we commemorate: Venerable-martyr Nikon of Sicily and with him 199 disciples; Venerable-martyr Luke of St. Anne Skete on Athos

Little Entrance **TROPARION** **Tone 2**

When thou didst submit thyself unto death, O Thou deathless and immortal one, then Thou didst destroy Hell with Thy Godly pow'r, and when Thou didst raise the dead from beneath the earth, all the pow'rs of heaven did cry aloud unto Thee O Christ thou giver of life glory to Thee.

The Entrance Hymn(Eisodikon):

O come let us worship and fall down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee: Alleluia

After the Entrance we chant: **TROPARION** **Tone 2**

When thou didst submit thyself unto death, O Thou deathless and immortal one, then Thou didst destroy Hell with Thy Godly pow'r, and when Thou didst raise the dead from beneath the earth, all the pow'rs of heaven did cry aloud unto Thee O Christ thou giver of life glory to Thee.

Second Sunday of Great Lent for St. Gregory **Tone 8**

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

Troparion of the Patron Saint or Titular Feast of the Church

Kontakion of the Five Sundays of Great Lent **Tone 8**

To thee the champion leader, I thy servant offer thanks for victory, O Theotokos, thou who hast delivered me from terror. As thou hast power invincible, free me from every danger that I may cry unto thee: Rejoice, O bride without bridegroom.

The Trisagion

Holy God, Holy Mighty, Holy Immortal one, have mercy on us
Holy God, Holy Mighty, Holy Immortal one, have mercy on us
Holy God, Holy Mighty, Holy Immortal one, have mercy on us

Glory to the Father and to the Son and to the Holy Spirit: both now and ever and unto ages of ages.
Amen.

Holy Immortal one, have mercy on us.

Dynamis! (With Strength)

Holy God, Holy Mighty, Holy Immortal one, have mercy on us.

Epistle

[Hebrews 1:10-2:3 \(Second Sunday of Great Lent\)](#)

O Lord, thou wilt preserve us and keep us from this generation

Stichos: Save me, O Lord; for the godly man ceaseth.

The Reading is from Saint Paul's Letter to the Hebrews

"In the beginning, you O Lord, didst found the earth, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Gospel

[Mark 2:1-12 \(Second Sunday of Great Lent\)](#)

The Reading of the Holy Gospel according to St. Mark

At that time, when Jesus returned to Capernaum after some days, it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk?' But that you may know that the Son of man has authority on earth to forgive sins"--he said to the paralytic--"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Rest of the Liturgy of St. Basil the Great**The Megalynarion:****Tone 8**

In thee rejoiceth all creation, O thou who art full of grace, the hierarchy of the angels, and all mankind, O consecrated temple and paradise endowed with speech, glory of virginity, of whom god, who is our god before the ages, was incarnate and became a little child.

The Koinonikon

Praise ye the Lord from the Heavens; praise ye Him in the highest. Alleluia, Alleluia, Alleluia

Post-Communion

We have seen the true light; we have received the heavenly Spirit. We have found the true Faith. Worshipping the undivided Trinity; for he hath saved us.

Great Dismissal

"May He Who rose again from the dead, Christ our true God, through the intercessions of His all-immaculate and all-blameless holy Mother, ... Through the prayers...".